

Rate adjustments

A recent study conducted by Pricewaterhouse Coopers' Health Research Institute (PWC HRI) predicts a 9 percent increase in medical costs in 2011.

A September 2010 survey released by global human resources consultants Hewitt Associates similarly concludes that companies' health costs will rise about 9 percent on average in 2011 as a result of the aging workforce, growing medical costs and health law-related changes.

On July 1, rates for ISMA/Anthem medical plans will increase by 7 percent, slightly lower than the predicted increase in medical costs. Rates for the dental plan will increase by 1.9 percent.

Rates for some groups will also be affected by a decrease or increase in risk class based on claims experience. Subscribers who attained age 30, 35, 40, 45, 50, 55, or 60 between July 2, 2010 and July 1, 2011 will see a further rate change.

The enclosed Plan Options and Rates report provides rates for your current plan selection and all alternatives.

For information on how to change plans, see article entitled **Submit applications, changes by June 30.**

Benefit changes

Beginning July 1, most preventive care at network providers will be covered in full under all PPO plans, no longer subject to office visit copays, deductibles, or coinsurance. For a complete list of covered preventive care services, go to www.ismaia.com/health-admin/renewal and click on **Preventive Care Benefits**. Also, prescription benefit copays will be revised for several plans as noted below. (Plans not listed will retain current prescription drug benefits.)

Plan	Pharmacy 30-day supply	Mail order 90-day supply
PPO 500	\$10/\$20/\$30 to \$10/\$20/\$40	\$20/\$40/\$60 to \$20/\$40/\$80
PPO 1,000	\$10/\$20/\$30 to \$10/\$20/\$40	\$20/\$40/\$60 to \$20/\$40/\$80
PPO 1,500	\$12/\$24/\$40 to \$10/\$30/\$60	\$24/\$48/\$80 to \$20/\$60/\$120
PPO 2,500	\$10/\$30/\$60 (no change)	\$20/\$70/\$125 to \$20/\$60/\$120
PPO 5,000	\$10/\$30/\$60 (no change)	\$20/\$70/\$125 to \$20/\$60/\$120

Submit applications, changes by June 30

July 1 is the one date each year on which subscribers may request changes in medical plans or add dental coverage. It is also the only time employees who previously waived coverage can enroll, and insured employees who previously waived coverage for dependents can add them without a special qualifying event. Subscribers may also delete dental or delete dependents.

All requests for July 1 changes must be postmarked by June 30.

The enclosed Plan Options and Rates illustration provides rates for your current plan selection and all other available plan options.

To renew your current option, simply pay the enclosed invoice by June 30.

To request a change for your entire group (i.e., change medical plans or add dental), email Jolene at jcollins@ismanet.org or fax a note to her at (317) 261-2235. If requesting an upgrade in medical plans (a change to a plan with a higher premium), include completed Anthem Enrollment Applications*.

Please keep in mind when you change to a plan with a higher deductible that any future request to change to a plan with a lower deductible will require a completed Anthem Enrollment Application and Underwriting approval.

To request a change for specific employees (i.e., add dependent), fax a completed Anthem Enrollment Application* to the ISMA Insurance department at 317-261-2235, or send it as an email attachment to jcollins@ismanet.org.

*Print an Enrollment Application from the Health Administration menu at www.ISMAIA.com or call ISMA at 800-257-4762, ask for the Insurance department, and request to receive by fax or mail.



Check us out online at
www.ISMAIA.com

Expert advice, products and more to help you manage your practice. Please visit the ISMA Insurance Agency website for additional member resources.

Renewal Information

F.A.Q.

To help us serve you, the following is a list of Frequently Asked Questions and Answers. If you have other questions, please call your agent or the ISMA at (800) 257-4762 and ask for the Insurance dept, or email jcollins@ismanet.org or dmallinckrodt@ismanet.org.

Q How does age affect rates?

A Age has a direct impact on your rates. If you attained age 30, 35, 40, 45, 50, 55 or 60 between 7/2/10 and 7/1/11 your renewal premium is based on a higher age bracket and on a higher rate.

Q What is a risk class?

A A risk class is assigned to each new group to adjust rates based on medical history. Risk classes for existing groups are reviewed annually based on claims history. Risk classes are used so that we may offer the most competitive rate possible for each group.

Q How can we reduce our health care costs?

A Change to a medical plan with a higher deductible and out-of-pocket maximum. Or consider one of the HSA plans, which are compatible with Health Savings Accounts (HSAs). HSA plans cover preventive care but premiums are kept low because all other charges apply to deductible. Contributions into a Health Savings Account are tax deductible.

Other insurance needs?

ISMA Insurance Agency is dedicated to providing comprehensive insurance services to Indiana physicians, their families and their firms. Please contact us if we can be of service.

www.ISMAIA.com

(877) 647-2242 toll-free

(317) 471-4229 local

Anthem Online Access Improved

Anthem has improved online access for subscribers, making it simpler than ever to create a user account that you can use to:

- view benefits
- check claim status
- order a new ID card
- check the Anthem formulary
- refill a mail order prescription
- save money on health-related products and services with discounts from Anthem
- and more

To begin using Anthem online access, go to www.anthem.com, click the Register link in the green Member Log In box near the top right, and follow the prompts to set up a User account.

www.anthem.com

Discounts on health-related products

While you're logged on to www.anthem.com, remember to check out the savings on health-related products by clicking on the pink Health & Wellness bar, then clicking on the Access your Discounts link. You'll find discounts on prescription eyeglasses, fitness memberships, books, safety products and more.

Don't forget to add the baby

Anthem covers children for 31 days from the date of birth for newborns. But don't forget to call the ISMA to officially add your newborn within 31 days of the date of birth for newborns or within 31 days of placement in your home for newly adopted children.

Prescriptions for self or family members

We want you to know that like most if not all other insurers, Anthem excludes coverage for prescription drugs prescribed by a member of your immediate family, including your spouse, child, brother, sister, parent, or self. To be eligible for benefits, prescriptions must be written by another physician.

For More Information

Call your agent, whose name and phone number are listed on your invoice. Call the ISMA at (800) 257-4762 and ask for the Insurance department. Email jcollins@ismanet.org, dmallinckrodt@ismanet.org, or tmartens@ismanet.org. Or visit www.ISMAIA.com.

